



## 2019 CANES BASEBALL - 12U Raleigh NC

The 2019 CANES BASEBALL 12U Raleigh NC Baseball Team will have a tryout for Spring 2019 Season roster openings. Players who have a May 1, 2006 or later birthday qualify for this team. This team is based out of Raleigh NC and will have players from throughout the East/Central NC region.

**Date:** Saturday December 8th, 2018 from 11:00am- 1:00pm  
**Time:** Check in begins @ 10:00am; Tryout begins at 11:00am.  
**Location:** 700 Tingen Rd.  
Apex, NC 27502  
(Behind Apex Elementary)

The team competes against some of the best competition in the Mid-Atlantic and Southeast. Some tournaments will require travel and overnight stay. This program provides players an opportunity to play with an elite baseball organization while playing in a highly competitive environment.

If you are interested in an evaluation and becoming a member of the 2019 Canes Baseball program, please call/text/email.

**Phone:** 919-335-5712

**Email:** caneshood@gmail.com

**Monitor Facebook site for any tryout date updates**

<https://www.facebook.com/CanesRaleighNC/>

Players that attend the tryout will participate in a pro-style workout. Bring all necessary equipment, including water.

- **Roster to be posted via The Canes website and Facebook, [www.canesbaseball.net](http://www.canesbaseball.net)**

### **Details of Pro-Style Tryout:**

- INF drills with throws from SS to 1B
- OF drills with throws from RF to 3B/Home Plate
- Catcher POP times to 2B and blocking drills
- Batting practice
- Pitcher bullpen/live sessions
- Timed 60-yard dash



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**To register to attend the fall tryout. Please fill out the form below,  
Text or email completed form to: 919-335-5712, [caneshood@gmail.com](mailto:caneshood@gmail.com),  
Email/call/text with any questions**

**Monitor Facebook site for any tryout date updates**

<https://www.facebook.com/CanesRaleighNC/>

**DATE:** Saturday August 11<sup>th</sup> 2018  
**TIME:** Check in Begins @ 10:00am; Tryout 11:00am to 1:00pm  
**LOCATION:** 700 Tingen Rd  
Apex, NC 27502  
(Behind Apex Elementary)

Name \_\_\_\_\_ School \_\_\_\_\_

DOB \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

HT \_\_\_\_\_ Wt \_\_\_\_\_ Bat \_\_\_\_\_ Throw \_\_\_\_\_ Current Team \_\_\_\_\_

Primary Pos. \_\_\_\_\_ Secondary Pos. \_\_\_\_\_ Other Pos. \_\_\_\_\_

**Medical Waiver:** I waive and release Canes Baseball, their staff, and owners of the facility being used for any tryouts from any liability of injury that may occur during the tryout to the above-mentioned participant, on site or traveling to or from this event. I understand that by signing this waiver, I am giving consent to participate in this event and assume all risk arising from it.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_